Blepharitis is a medical term referring to a persistent and ostensibly unmanageable eye situation. It appears when the microscopic oil gland on the eyelid is clogged. Since that oil is significant for lubrication, moisture as well as to combat other harmful infections, it is quite frustrating and difficult to solve the problem.
WHAT ARE THE CAUSES OF BLEPHARITIS?

The main reason for blepharitis is a bacterial infection. Or sometimes, when the oil from that tiny oil gland is damaged, the blepharitis is the apparent consequence.
WHAT ARE THE SYMPTOMS OF BLEPHARITIS?

The damaged eyelid can cause an inflammatory and irritating sensation, which will eventually lead to intolerable pain. Besides, you may suffer from swelling and redness in the affected
eyes. It can weaken your vision as well. Thus, your eyes will be dryer and more dedicated under the light.

Many people choose to take antibiotics since they believe medicines provide faster outcomes. However, any issue related to the eyes should be carefully diagnosed as they are one of the most significant and sensitive parts of the body. Besides, if you take too many antibiotics, they can lead to unbearable consequences because they can devastate your digestive system. Any medication that does not pose any threat in the future will be highly recommended, therefore, instead of taking unhealthy antibiotics on a regular basis, why don’t you switch to natural remedies that are healthy and available around you?

Below are several home remedies that you should consider taking it immediately to diminish the discomfort sensation for your eyelid and avoid any further damages as well.
1. **Potato**

Potato is the priority for you to choose to eliminate blepharitis due to its cooling quality. It helps to reduce the inflammatory and irritating sensation in your eyes which can block you from opening. Plus, bacteria in the eyes that cause blepharitis can be stopped by potato and the chance of getting potato’s incredible properties to lower any further injuries. Apply one thin slice of raw potato on the affected eyes for about 15 – 20 minutes to cool down the
burning sensation. Keep doing this for a couple of times per day to obtain the best results.
Garlic
Garlic – a powerful spice in culinary aspects is also a significant herb that helps to prevent the growth of bacteria and inflammation in the sore eyes. Thus, this natural medication for blepharitis is encouraging to rinse your inflamed eyes off. Dip a clean cotton swab into the garlic juice that is extracted from several cloves of raw garlic. Gently apply and rub the cotton swab on the injured eye before washing the area with cold water. You should do this
for several days daily to get rid of blepharitis entirely. Potentially, you can use garlic for Staph infection.
Marigold
3. Being well-known for its incredible anti-inflammatory and antibacterial properties, marigold can be used to prevent blepharitis as well as improve the eye vision. Mix the marigold with water and wash the eyes with that mixture to remove away the bacteria causing the irritating and discomfort feeling.
4. Aloe Vera

Aloe vera is famous for its exceptional qualities to fight back the bacterial as well as other infections. Packed with antiseptic and antibacterial properties, aloe vera can diminish the inflammation sensation caused by blepharitis. Moreover, the soothing quality and the antiviral compounds found in aloe vera have participation in fighting back pink eye as well. To absorb the entire benefit of aloe vera, you should keep it in the refrigerator for couples of
hours before applying it on the affected area a few times per day for 5 – 6 days. You can **grow thicker eyebrows by this remedy.**
Tea Tree Oil
Apart from coconut oil and aloe vera, tea tree oil is another fabulous method to treat blepharitis as well. You can mix tea tree oil with another base oil such as olive oil to boost the effects and to speed up the process till the greatest extent. Use a cotton swab to dip into the combination of tea tree oil and another natural essential oil. Gently rub the cotton ball over the injured eye for 15 – 20 minutes before rinsing it thoroughly with lukewarm water. Keep
doing this for 4 - 5 days till notice improvement.
Lukewarm water
You can stand under a warm shower to let the eyes relax and wash away the tiredness from your body as well as to get rid of blepharitis promptly and effectively. The aggregation of bacteria and virus caused by blepharitis can be washed out by water. Plus the high temperature from the water will reduce the pain caused by blepharitis as well.
An inexpensive and highly effective treatment to get rid of blepharitis is using tea bags. After drinking tea, keep the tea bags and wait until it cooled down. Place the tea on the eyelids where blepharitis is harassing and wait for about 10 - 12 minutes before cleansing it with lukewarm water again.
You can use castor oil to reduce the swelling and painfulness caused by blepharitis by combining it with another natural essential oil such as olive oil or coconut oil. Dip a cotton swab in the combination of two to three critical oil on the injured part. It is highly recommended to do it before you sleep and leave it overnight.
Packed with excellent anti-inflammatory and antibacterial properties, salt can be used to treat blepharitis. Besides, it can lower the frustration caused by bacteria and prevent the excess growth of bacteria on the injured eyelids. Add some salt into warm water and dip a cotton ball in that mixture before squeezing out the excess water. Gently apply it on the affected area for about 5 - 7 minutes.
10. **Honey**

Honey can help to remove the dead cells and bacteria caused by blepharitis if you use it regularly. Plus it can reduce the irritating sensation and inflammation which blepharitis should be responsible. Thus, you can apply some honey on the eyelids to get rid of blepharitis effectively.
11. **Hot and Cold Compress**

You can make use of both methods to speed the healing process to its fullest extent. You are recommended to choose cold compress before taking hot compress. For both ways, put a clean cloth in the hot/cold water and squeeze the excess water before gently rub it on the affected eyelids. Repeat the process several times per day to get the best outcomes.
12. **Omega 3 Food**

Fish - especially salmon is a healthy omega - 3 sources that will supply huge supportive effects to remove blepharitis. Plus, fish is also good for your vision, and it can improve your eye's functions.

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Comfrey is another useful and active to execute the pain and irritating sensation caused by blepharitis. You can mix it with warm water and apple the mixture on the eyes using a cotton swab. Repeat the process daily to get rid of blepharitis faster and more effectively.
Coconut oil is well known for its incredible and powerful properties that can heal blepharitis as well as speed up the recovery stage. Its richness in nutrients can protect you from irritating and inflammatory feeling or even more, reduce the swelling eyes. Plus, it is one of the rare natural home remedies that allow you to apply directly to the affected areas. However, it is recommended to make use of a cotton swab to dip into the oil and mildly apply
on the eyelid since it is more hygienic and healthier. And wait for 20 minutes before rinsing it off with water. You can use the coconut for a couple of times a day daily to remove blepharitis.

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